

## School Hours

School hours are 8.45am – 3.20pm. The doors to school are opened at 8.45am. You are welcome to bring your child into class and join in the morning activities to help your child prepare for the day. We will be happy to talk with you between 8.45 and 9.00 or at the end of the day. If you have any information we need to know, or have any questions to ask, please do so.

## Clubs

School runs various after school clubs from 3.20pm – 4.20pm. Please look out for club letters sent out at the beginning of each school term.

## Before and After School Club

On the days that the school is open to pupils, Highfield offers before and after school care which is run by school support staff. 'Breakfast Club' opens at 7:45am and 'After School Club' runs from 3:20pm until 6:00pm. Prices and registration details are listed on the school website or available from the school office.

## Snack at Highfield Café

During the morning the children will have a snack and a drink from 'Highfield Café'. Our snack area is situated in the classroom and during continuous provision, children will have the opportunity to visit the café. We provide a varied selection of snacks such as toast, yoghurts, pita pockets with cheese and cucumber, crackers and cereal, as well as fruit, milk and water. On entry to 'Highfield Café,' children find their name and hang it on the tree. They then select their own snack and pour their own drink and find a seat at the table. Children enjoy their snack, chatting amongst friends and then once finished they wash and dry their own dishes and put them away. Not only does this encourage social interaction but it also encourages independence. We charge £1.25 per week, which we ask you to pay at the beginning of the week. Please let us know of any food allergies we need to be aware of. Each child is provided with a water bottle and we actively encourage them to drink water during the school day. Our school participates in the government fruit scheme which provides fresh fruit daily for all children.

## Lunchtime

High quality healthy meals are prepared daily in our school kitchen. All children in Reception Class will be provided with a free school lunch. You will be given a copy of the new menu in September and you can make a choice each morning. As well as the main menu, there is always a salad bar, a selection of puddings and fresh fruit. Alternatively, they may bring a packed lunch from home if you prefer. Please make sure this contains a healthy balance of foods: e.g. pasta/sandwich/salad, fresh fruit, juice/water and a small treat – fizzy drinks and nuts are not permitted.

